

Fly of the Month

The 007 Nymph



- Hook :- Kamasan B830 or any 2X long wet fly hook, 14-10
- Tail :- Black hackle fibres
- Rib :- Silver tinsel or wire
- Body :- Red seals fur
- Thorax :- Black seals fur
- Wing case :- Slip of black crow wing or similar.

The picture above is the 007 nymph as I remember it from the late 1980s, early 1990s. (Memory these days is a bit fallible so don't put money on it.) A quick look around the internet shows that there are a few other 007 nymphs around. All feature red and black as the basic colour scheme, although there is one on the market that is black bodied with a yellow tail. The one above caught me a few fish before I was introduced to the red bead black nymph(Thanks Allan.)

Tying the 007 version above is quite straightforward. Lay a foundation thread from eye to bend of hook where you tie in five or six strands of black hackle fibres. I prefer hen feather fibres because they have a bit more movement than those from a cock feather. The silver ribbing tinsel is also attached at this point. Dub your tying thread with the red seals fur and form the body by winding it forward to about a quarter shank length behind the eye. Secure it and then counterwind the tinsel forward and tie it off at the same place. Take a slip from a nice, shiny crow wing and tie it on top of the hook where the red seals fur is attached. It should be left laying back over the body for now with the shiny side down. Now dub the thread with black seals fur and form the thorax which should be a bit thicker than the red body. Take care to keep the eye of the hook clear. Next step is to pull that slip of crow wing over the thorax and tie it off behind the eye. The shiny side of that slip of crow wing should now be the side that's showing. Snip off the excess and build up a small head with the tying thread. Apply head cement and the fly is finished. The fly can be weighted with fine lead wire wound along the shank before tying the fly. (If I do that with my weighted flies I like to have a bed of thread under the wire and then a few wraps back and forth over the lead to stop it rolling around the hook.)

A few other versions.



Mono rib



Yellow ??!



Blue wire rib



Short shank, tinsel rib

Alan T.

